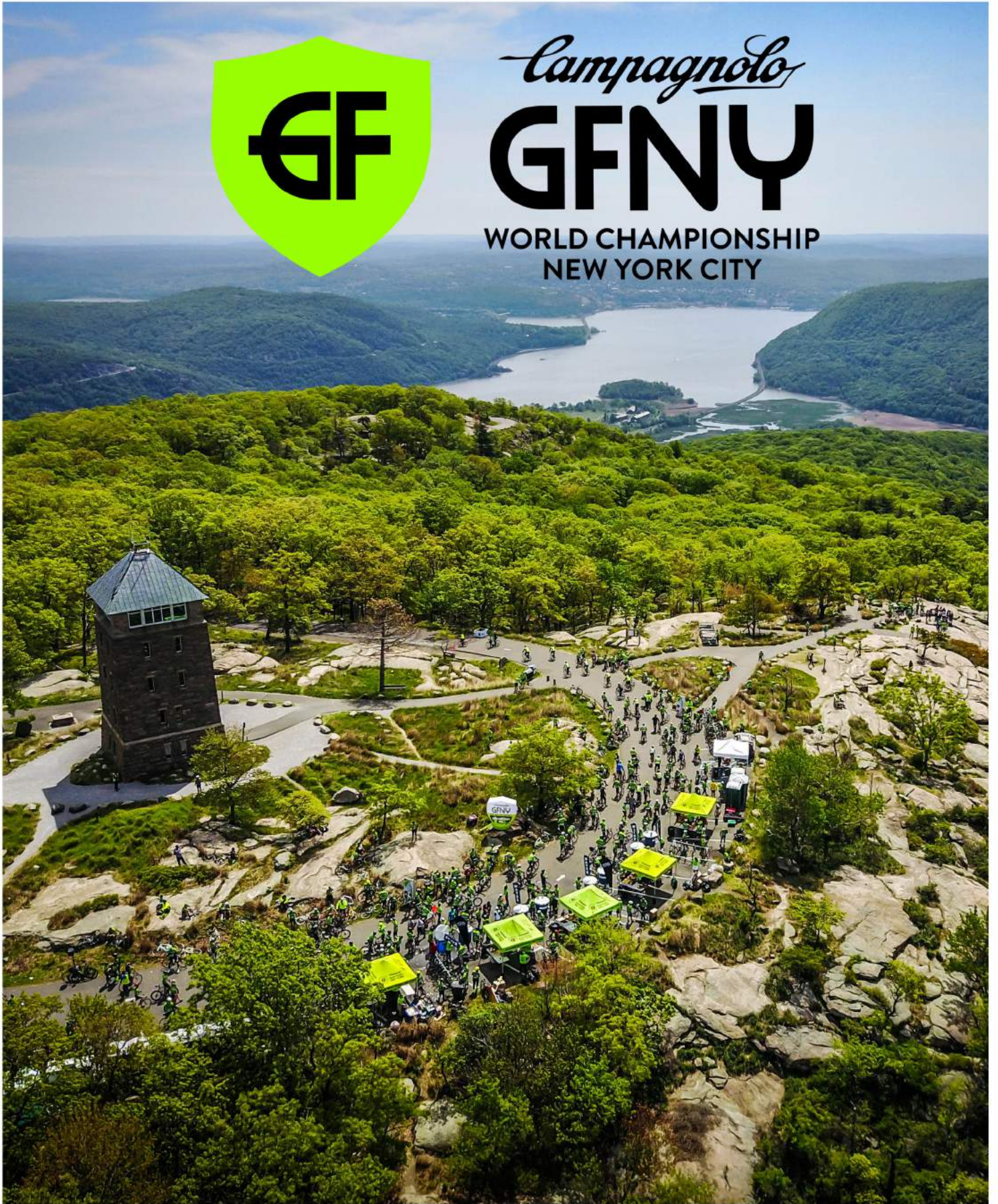




*Campagnolo*  
**GFNY**

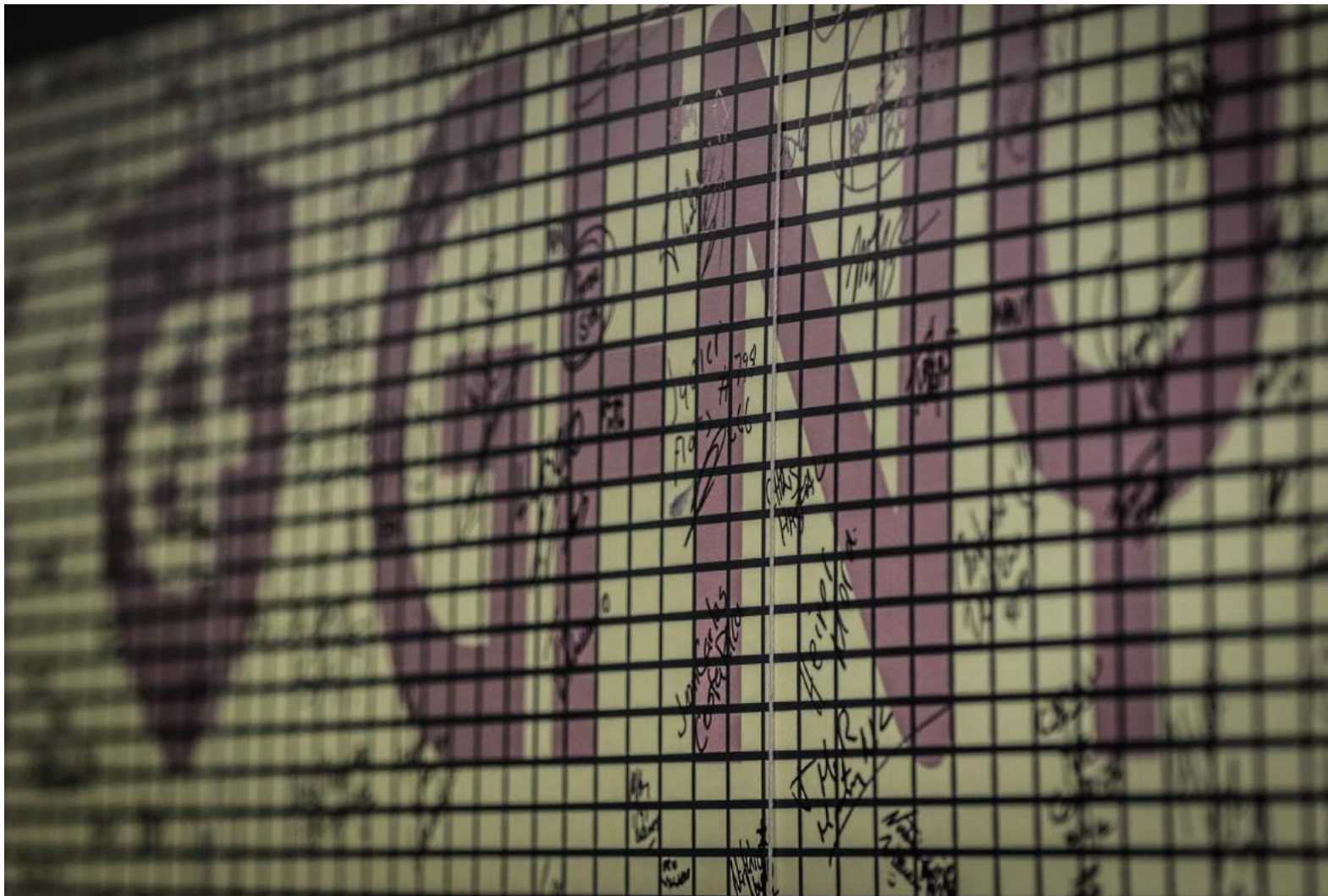
WORLD CHAMPIONSHIP  
NEW YORK CITY



GFNY.COM

# 2018 TRAVEL GUIDE





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Thank you for joining us at the 2018 Campagnolo GFNY World Championship!

If you have any questions not covered in this Travel Guide, please refer to the GFNY website at [gfny.com](http://gfny.com) where a lot of race information is provided. If you don't find the answer to your question, please email Teresa at [teresa@gfny.com](mailto:teresa@gfny.com).

We look forward to seeing you in NYC in May!



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Important Dates for Planning Your Travel to NYC

# MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 RECOMMENDED ARRIVAL DATE IN NYC	17	18 EXPO LATEST RECOMMENDED ARRIVAL DATE	19 EXPO
20 RACE DAY	21 EARLIEST RECOMMENDED DEPARTURE DATE FROM NYC	22	23	24	25	26
27	28	29	30	31		

If you are flying to NYC, we recommend that you book a flight that lands no later than 1pm on **Saturday, May 19**. This will still give you sufficient time to get your luggage and travel from the airport and get to the expo before it closes. If you booked your flight already, call the airline to change your ticket.

## IMPORTANT!

GFNY race packet pickup hours are: May 18 @11am-7pm (last entry 6:30pm) and May 19 @11am-6pm (last entry 5:30pm).

In-person race packet pickup is mandatory. Each participant must come in person to check-in and pick up their race materials.

You must come to the expo either Friday or Saturday ONLY. You must be at the expo before 5:30pm on Saturday, May 19 in order to be able to pick up your race packet.

If you do not come to the expo during expo hours, you forfeit your registration and ability to take part in the event.



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Official Hotels [gfny.com/hotel](http://gfny.com/hotel)

### Q: Which hotel is the best choice for me?

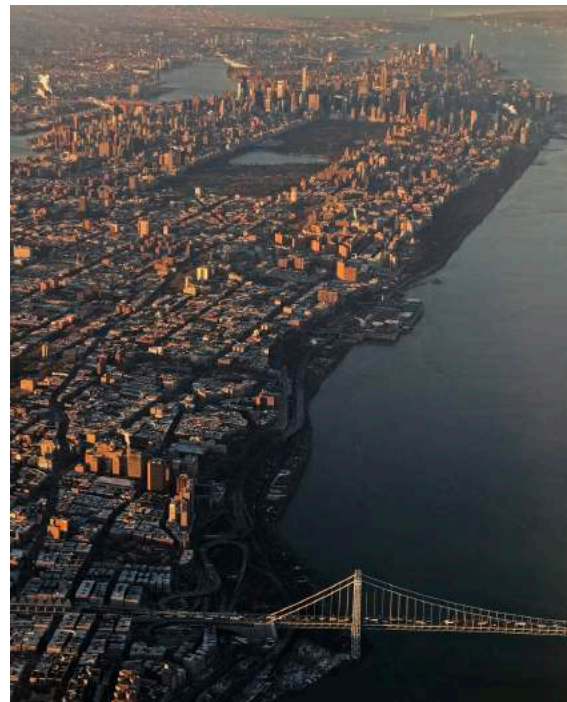
If you are traveling to NYC to experience Manhattan and everything New York City has to offer, we strongly recommend staying in a Manhattan hotel.

If you have been to NYC often and are in town only for the race, not for tourism, and want a hotel near the start and finish, we recommend staying in Fort Lee.

### Q: NYC has a lot of hotel options. Why should I book an official GFNY hotel?

1. Location: we know what makes sense from a GFNY perspective.
2. They allow bikes in your hotel room, which is rare in NYC.
3. You are around other participants for an impromptu training ride in Central Park or sharing war stories after the event.
4. We've done the research; all you need to do is book.
5. The hotels offer discounted rates to you and not a commission to us.

**May is a busy month in NYC. Make sure you book your stay now.**



## IMPORTANT!

**The GFNY room blocks (and their discounted prices) expire APRIL 11 – MAY 10 or when the room blocks sell out, whichever comes first.**

**Note that the discounted GFNY rooms have all sold out before April in the past few years.**



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Comfort

**Westin at Times Square** | [270 West 43rd Street](#) | [New York, NY 10036](#) | Phone: +1-212-201-2700

- Friday, May 11 to Tuesday, May 22, 2018
- From **\$299/room/night** for up to 2 people, extra \$30 for 3<sup>rd</sup> person and extra \$30 for 4<sup>th</sup> person.
- Rate does not include tax – NY – 14.75% + Occupancy fee of \$3.50/room/night.
- Rooms are subject to availability. **Offer expires April 27 @5pm ET.**
- Free in-room WiFi, a \$16.95 value
- Includes 1 drink voucher per room, good at hotel's **Foundry Bar**. Join other GFNY Westin guests for a pre-GFNY Aperitivo on Friday 5/18 at 6:30pm at Foundry Bar
- [Book HERE](#) or call 866-627-7149 or outside the US: +1-508-324-0500 and mention "Gran Fondo New York" when making the reservation.



## Comfort

**Sheraton Times Square** | [811 7th Avenue](#) | [New York, NY 10036](#) | Phone: +1-888-627-7067

- Friday, May 11 to Tuesday, May 22, 2018
- From **\$289/room/night** for up to 2 people, extra \$30 for 3<sup>rd</sup> person and extra \$30 for 4<sup>th</sup> person
- Rate does not include tax – NY – 14.75% + Occupancy fee of \$3.50/room/night
- Rooms are subject to availability. **Offer expires April 11 @5pm ET.**
- Free in-room WiFi, a \$14.95 value
- [Book HERE](#) or call +1-888-627-7067 and mention "Gran Fondo New York" when making the reservation.

## Luxury

**The Quin** | [101 West 57th Street at Sixth Avenue](#) | [New York, NY 10019](#) | Phone: +1-212-245-7846

- Tuesday, May 15 to Tuesday, May 22, 2018
- From **\$339/room/night**
- Rate does not include tax – NY – 14.75% + Occupancy fee of \$3.50/room/night
- Rooms are subject to availability. **Offer expires April 27 @5pm ET.**
- [Book HERE](#) or email [reservations@theQuinhotel.com](mailto:reservations@theQuinhotel.com) or call 212-245-7846 and mention "Gran Fondo New York" when making the reservation.

**Englewood** Book this hotel if you want to be at the heart of start/finish. (3 miles / 5km from GFNY Finish Village & GFNY Welcome Zone – access by bike via local roads)

**Crowne Plaza Englewood** | [401 S Van Brunt St](#) | [Englewood, NJ 07631](#) | Phone: +1-201-871-2020

- Thursday, May 17 to Monday, May 21, 2018
  - King and Double **\$189/room/night**
  - Rate does not include tax – NJ – 15%
  - Rooms are subject to availability. **Offer expires May 10 @5pm ET.**
- [Book HERE](#) or call 201-871-2020 and mention "Gran Fondo New York" when making the reservation.

**Fort Lee** Book this hotel if you want to be at the heart of start/finish. The hotel offers daily transportation to NYC for a fee of \$20 round-trip per person.

**Double Tree by Hilton** | [2117 Route 4 Eastbound](#) | [Fort Lee, NJ 07024](#) | Phone: +1-201-461-9000

- Thursday, May 17 to Monday, May 21, 2018
  - King and Double **\$189/room/night**
  - Rate does not include tax – NJ – 15%
  - Rooms are subject to availability. **Offer expires May 4 @5pm ET.**
- [Book HERE](#) or call 201-461-9000 and mention "Gran Fondo New York" when making the reservation.





# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE



**Edgewater** Spa Hotel (3 miles / 5km from GFNY Finish Village & GFNY Welcome Zone, via Undercliff Ave)

**SoJo Spa Club Hotel** | [660 River Rd | Edgewater, NJ 07020](#) | Phone: +1-201-313-7200

- Thursday, May 17 to Monday, May 21, 2018
- King and Double **\$225/room/night**
- Rate does not include tax – NJ – 15%
- Rooms are subject to availability. **Offer expires May 4 @5pm ET.**  
To book, email [info@sojospaclub.com](mailto:info@sojospaclub.com) or call 201-313-7200 and mention “GFNY”.

**Rockland** Book this hotel to be central to the GFNY race course and check it out during pre-race rides.

**HNA Premier Conference Center** | [334 Rte 9W | Palisades, NY 10964](#) | Phone: +1-845-732-6000

- Saturday, May 12 to Monday, May 21, 2018
- From **\$139/room/night**
- Rate does not include tax – NY – 11.375%
- Rooms are subject to availability. **Offer expires April 12 @5pm ET.**
- [Book HERE](#) or call 845-732-6000 and mention “Gran Fondo New York” when making the reservation.



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Airports

New York is served by 3 international airports totaling more than 105 million passengers per year.

### **LGA** (La Guardia airport)

Most convenient airport, smaller airport

Get to your hotel by: yellow NYC taxi, car service, Uber

### **JFK** (John F Kennedy airport)

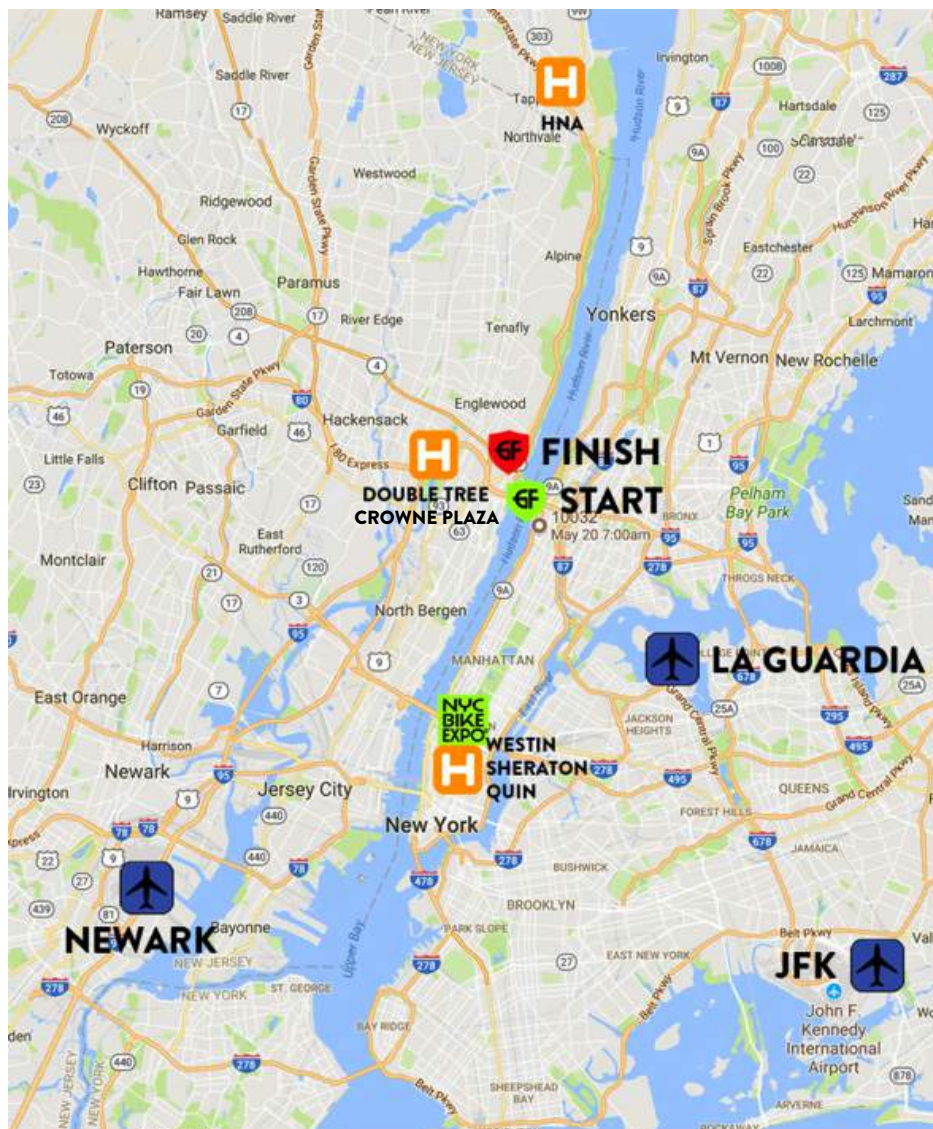
Largest international airport

Get to your hotel by: yellow NYC taxi, car service, Uber, [AirTrain](#) & [Subway](#)

### **EWB** (Newark Liberty airport)

Major international airport

Get to your hotel by: taxi, car service, Uber





# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Bike Transport [gfny.com/bike](http://gfny.com/bike)

### Bike Transport

By bringing your bike to the race, you are sure to ride a bike in the right size, with the components that you prefer and in the condition that you as the owner maintain your beloved bike.

Elite is the official travel case sponsor of the Campagnolo GFNY World Championship. The [Elite Vaison](http://gfny.com/bike) hard case is durable and easy to pack and keeps your bike safe. Click here for an instructional video: <https://youtu.be/sQlfHd39mgs>

The lowest budget (free) option for a bike carton is visiting your local bike shop and picking up a carton box from a bike sale they've just made. Most bike shops just throw out the cardboard cartons and are happy for you to reduce their trash.



A group traveling to GFNY NYC.





# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Bike Shipping

Luggage Free is providing you the option to send your bike ahead to your hotel or one of GFNY's partner bike shops. If you choose to ship to a bike shop, you can also book the option for bike assembly and disassembly after the race. Book your bike shipping here: <https://www.luggagefree.com/partners/gfny/>

Note that we do not recommend shipping your bike internationally. When shipping the bike internationally, you run the risk of the bike getting stuck in customs and potentially not arriving to the race in time. If you are traveling to a race abroad, we strongly recommend flying with your bike.

## Bike Rental



# Unlimited Biking

Questions? Please email:  
[sales@unlimitedbiking.com](mailto:sales@unlimitedbiking.com)

**Unlimited Biking** has 200 Cannondale road bikes available for rent. They are GFNY's main bike rental service. Renting from Unlimited Biking is very easy.

- Book your Unlimited Biking rental here: [unlimitedbiking.com/events/Gran-Fondo-New-York-Bike-Rentals](http://unlimitedbiking.com/events/Gran-Fondo-New-York-Bike-Rentals)
- Pickup at their [Pier 78 facility](#)
- Return your Unlimited Biking rental bike directly at the GFNY Finish Village. After you cross the finish line on Hudson Terrace, get your medal & photo. Follow the path to the Bike Parking Zone. Aside the Bike Parking Zone, you will see Unlimited Biking flags and staff waiting to collect your rental bike.

Top-end bike rentals are offered by two shops

**Strictly Bicycles:** [strictlybicycles.com/gfny-rental](http://strictlybicycles.com/gfny-rental)

**R&A Cycles:** [racycles.com](http://racycles.com)

## Partner Bike Shops [gfny.com/bike-shops](http://gfny.com/bike-shops)

In case you need any assistance or products during race week, stop by GFNY's official partner bike shops. If you'd like a bike shop to receive your shipped bike and assemble it for you, contact the bike shop in advance to notify them of the shipment and check their pricing and availability. Support the Local Bike Shop that supports you!

**NOTE:** GFNY week gets really busy, and even though there are dozens of bike shops in the NYC-NJ-NY area, we recommend calling your preferred shop and booking an appointment for your bike service before & after GFNY.

### STRICTLY BICYCLES

[2346 Hudson Terrace, Fort Lee, NJ 07024](#) – TEL: 201-994-7074

*Offers:* mechanic, gear, apparel, accessories

### NYC VELO

[64 2nd Ave, New York, NY 10003](#) – TEL: 212-253-7771

*Offers:* mechanic, gear, apparel, accessories



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## PIERMONT BICYCLE CONNECTION

[215 Ash St, Piermont, NY 10968](#) – TEL: 845-365-0900

*Offers:* mechanic, gear, apparel, accessories

## CRANKWORKS CYCLES

[19 N Broadway Nyack, NY 10960](#) – TEL: 845-358-0101

*Offers:* mechanic, gear, apparel, accessories

## VELOFIX – NY METRO AREA – MOBILE BIKE SHOP

[velofix.com](#) – TEL & WhatsApp: +1-347-484-9191 / +1-646-732-2920 – email: [newyorkmetro@velofix.com](mailto:newyorkmetro@velofix.com)

*Offers:* a wide range of services and we sell parts, gear, accessories and nutrition. We also unpack & pack your bike after and before transport at your hotel. Velofix - NY Metro will be at the GFNY Welcome Zone Wednesday-Saturday to assist with any of your pre-race bike maintenance needs.

## Bike Services

Besides bike shops, there are also bike concierge services.

**TOGA!** Is offering Valet Hotel Bike Pick Up/Drop off Assembly Service. Cost \$300

Toga will pick up your bike at you hotel prior to GFNY, assemble it and return it to you. After GFNY, Toga will pick up the bike, disassemble it and return it to hotel.

Location: Toga Westside [110 West End Avenue, NY, NY 10023](#)

Contact: Will Alvarado ([will@togabikes.com](mailto:will@togabikes.com)) – TEL: 212-799-9625

## Rover Cycle Co

You can ship your bike to The Rover warehouse. The Rover will build and tune-up your bike and drop it off at your hotel.

If you fly with your bike, The Rover can also pick up your bike from your hotel and assemble it.

The Rover can also procure and install any new parts (wheels, handlebars, groupset, power meters, etc.).

After the race, you can drop off your bike with The Rover or schedule a pick-up at your hotel or central location. The Rover will clean, deconstruct and carefully pack each bike for travel with you or for shipment, which they're happy to facilitate.

Booking: [therovercycleco.com](#) – Contact: [rover@therovercycleco.com](mailto:rover@therovercycleco.com) or WhatsApp: +1-646-546-6012







# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Schedule of Events

Click here to register for any & all of the race week happenings:

[gfny.com/raceweek](http://gfny.com/raceweek) or [gfnyraceweek2018.eventbrite.com](http://gfnyraceweek2018.eventbrite.com)

### SUNDAY, MAY 13

**9AM** GFNY NYC Camp powered by De Rosa | Gavia Cycling – [register here](#)  
Take your cycling up a notch with an week of cycling, get to know the ins & outs of the GFNY NYC course, ride with group leaders in a supportive environment.

### WEDNESDAY, MAY 16

**8AM-3PM** GFNY Welcome Zone & Café @ [PIP Park, Fort Lee, NJ](#)

**9AM** GFNY group ride powered by Gavia Cycling @ GFNY Welcome Zone

### THURSDAY, MAY 17

**8AM-3PM** GFNY Welcome Zone & Café @ [PIP Park, Fort Lee, NJ](#)

**9AM** GFNY group ride with Nelson Vails, Olympic Medalist & NYC Cycling Legend  
@ GFNY Welcome Zone

### FRIDAY, MAY 18

**8AM-3PM** GFNY Welcome Zone & Café @ [PIP Park, Fort Lee, NJ](#)

**8:30AM** GFNY group ride powered by NYC Velo East with Bill Ash ([Route](#)) @ [NYC Velo East](#)

**9AM** Group ride powered by Gavia Cycling @ GFNY Welcome Zone

**11AM-7PM** NYC Bike Expo & Campagnolo GFNY World Championship mandatory race packet pickup

**LAST ENTRY 6:30PM** @ Penn Pavilion, [401 Seventh Avenue](#) between 32<sup>nd</sup> St & 33<sup>rd</sup> St

**6PM-10PM** Pre Race Social @ The Cannibal Liquor House ([111 East 29<sup>th</sup> St](#))

### SATURDAY, MAY 19

**8AM-3PM** GFNY Welcome Zone & Café @ GFNY Finish Village in [PIP Park, Fort Lee, NJ](#)

**8AM** GFNY group ride with Gruppo Sportivo GFNY & Special Guests @ GFNY Welcome Zone

**11AM-5PM** NYC Bike Expo @ Penn Pavilion ([401 Seventh Avenue](#))

**11AM-6PM** Campagnolo GFNY World Championship mandatory race packet pickup

**LAST ENTRY 5:30PM** @ Penn Pavilion ([401 Seventh Avenue](#))



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## SUNDAY, MAY 20

<b>5AM</b>	Opening of start area on lower level of George Washington Bridge (civil twilight 5:02am, sunrise 5:34am)
<b>6:15AM</b>	Closing of start area on lower level of George Washington Bridge
<b>7AM</b>	Start of Campagnolo GFNY World Championship and GFNY BEAR
<b>8AM</b>	Opening of GFNY Café & Fan Zone @ GFNY Welcome Zone
<b>11:15AM</b>	Winner of the Campagnolo GFNY World Championship expected @ GFNY Finish Village
<b>11AM-2PM</b>	Return transport from Bear Mountain for GFNY BEAR riders @ GFNY Finish Village
<b>3PM</b>	Awards Ceremony at the GFNY Finish Village @ GFNY Finish Village
<b>5:30PM</b>	Course closes
<b>7PM</b>	End of festivities
<b>4PM-10PM</b>	Post-Race Party @ The Cannibal Beer & Butcher ( <a href="#">113 East 29<sup>th</sup> St</a> )



Click here to register for any & all of the race week happenings:

[gfny.com/raceweek](http://gfny.com/raceweek) or [gfnyraceweek2018.eventbrite.com](http://gfnyraceweek2018.eventbrite.com)





# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Recommended activities

- Ride portions of the GFNY course. The GFNY Welcome Zone in Fort Lee is a good meeting point for before & after your ride. Location: [PIP Park, Fort Lee, NJ](#)
- Ride a few loops in Central Park. Check out the [6-mile / 10km route](#) through Central Park's 778 acres (315 ha) dedicated to nature and recreation. Central Park is one of NYC's most famous tourism attractions.
- [GFNY NYC Camp by Gavia Cycling](#), 5 days of cycling before GFNY: May 13-17
- Buildings with high-floor observation decks like Empire State Building, Top of the Rock, One World Observatory
- River cruises, ferry taxis or the Staten Island Ferry for sightseeing the Statue of Liberty and the city from water
- Walk or ride through various neighborhoods of NYC, all of which have a history and their unique characteristics. For example: West Village, Greenwich Village, TriBeCa, SoHo, East Village, LES, NoHo, Bowery, Gramercy, Meat Packing, FiDi, Times Square, Upper West Side, Upper East Side and more.
- Shopping
- Broadway plays, Lincoln Center
- NYC landmarks (Brooklyn Bridge, Flatiron building, Wall St, Rockefeller Center, St Patrick's Cathedral, Grand Central Terminal) and museums (The Met, Museum of Natural History, MoMa, Whitney, Museum Mile, 9/11 Memorial & Museum)
- [SoJo Spa Club](#): To all registered riders of Campagnolo GFNY World Championship 2018, SoJo offers a 20% discount on admission for rider + 1 guest for recovery after the race. Offer valid May 21-26, 2018.

At the time of the visit, the rider must present their 2018 race registration confirmation email or official rider wristband when checking in at the front desk.

SoJo is a proud supporter of GFNY riders and partner of GFNY. We wish all GFNY riders a great race and look forward to seeing you at SoJo Spa for your recovery and relaxation.

Attention GFNY Spectators: On race day, SoJo Spa Club offers a shuttle service between NYC and SoJo [NYC Shuttle Schedule](#) and will also operate an hourly shuttle to the GFNY Finish Village ([3000 Lemoine Ave](#)) that departs SoJo at the top of every hour.

Questions? Email [info@sojospaclub.com](mailto:info@sojospaclub.com) or call 201-313-7200.



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

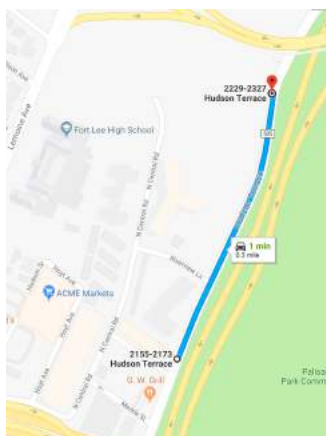
## GFNY Welcome Zone & Café

GFNY week kicks off with a four-day pre-race GFNY Welcome Zone experience at the GFNY Finish Village in Fort Lee, NJ.

The GFNY Welcome Zone offers riders another way to connect with GFNY, other GFNY riders and their families and friends.

A Café with water, coffee, tea, bagels, muffins, bananas, beverages, music, bike racks, restrooms, a schedule of group rides departing from the Welcome Zone, jumbo screen.

- There will be full mechanical service by Velofix – NY Metro.
- Licensed Massage Therapists will be providing pre-race sports massages in a climate-controlled tent, with walls and heating in case of cooler temperatures or open-air massage if it will be warm.
- [Pre-book your pre-race Sports Massage here](#) (select “Sports” under the “Service” menu) or contact the GFNY massage coordinator at [ESPAFD@sojospaclub.com](mailto:ESPAFD@sojospaclub.com). We will gladly accept walk-ins during the event. Subject to availability. Book early to reserve your massage!



## CAR PARKING @ WELCOME ZONE

If you plan to arrive to the Welcome Zone by car, Kim & Bae law firm has generously offered their parking garage to GFNY riders. [The parking garage is located a short .3-mile / 400m walk from the GFNY Welcome Zone.](#)

**From Kim & Bae:** *We know how hard it is to find parking down by the park and along Hudson Terrace, especially on a weekend event as large as GFNY. Our building is a short walk to the festivities and we are located in the perfect spot along Hudson Terrace. We'd like to offer the parking because Kim & Bae supports GFNY and the participants.*

Thank you, [Kim & Bae!](#)





# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Airport Transfers

If you land at JFK, the budget option is taking the A train. Not all the stations are handicap accessible, which means there aren't elevators to go up/down stairs with your luggage & bike box. If you want to take the subway, check the subway map to make sure there is handicap accessibility at the stations you'll travel through: 1. the stations where you may need to make a connection and 2. the stop closest to you where you're staying. <http://web.mta.info/maps/submap.html>

Here are travel options from all airports by regional trains: <https://nycmap360.com/nyc-airports-map>

Within NYC and its airports, JFK and LGA, the easiest transport option is hailing a yellow taxi. However, May is a high-tourism month in NYC and you may end up having to wait a long time in line to get a taxi. We recommend either booking Uber/Lyft or scheduling a car service pickup in advance.

### **CARS / SUVs / MINIVANS** (for people coming without bikes or 1-2 people with 1 bike box)

**Carmel:** 212-666-6666 (have App) – [carmellimo.com](http://carmellimo.com) & [carmellimo.com/Coupons.shtml](http://carmellimo.com/Coupons.shtml)

**Dial 7:** 212-777-7777 (have App) – [dial7.com](http://dial7.com) & [dial7.com/coupons.html](http://dial7.com/coupons.html)

**Uber / Lyft:** (no pre-booking, reservation real-time upon availability, only by App)

### **CARS / SUVs / MERCEDES SPRINTERS / MINI BUSES** (also great for 5-10 passengers w/bike boxes)

**Luxor Limo:** 866-998-4111 – [luxorlimo.com](http://luxorlimo.com)

**Elite NY:** 718-472-2000 - [eliteny.com](http://eliteny.com)

**Golden Touch:** 718-888-6300 – [goldentouchtransportation.com](http://goldentouchtransportation.com)

### **TAXI COMPANIES BASED IN FORT LEE** (for riders going EWR to Fort Lee Hotels)

**GW Taxi:** 201-363-0555

**Babes Taxi:** 201-944-6899

**A1 Taxi:** 201-944-3737

**Lime Taxi:** 201-461-9999

### **FOR LARGER GROUPS** (groups of 15-40 with bike boxes)

**Academy Bus:** 201-420-7000 ext 2247 – [academybus.com](http://academybus.com)



# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

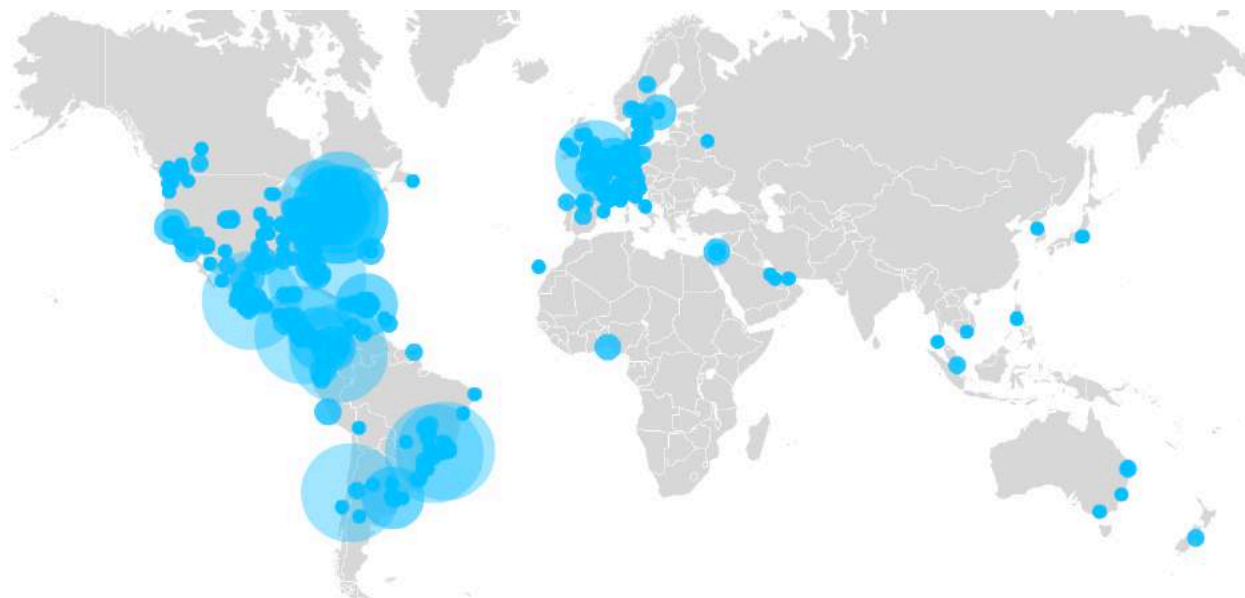
## International Travel Partners [gfny.com/travel](http://gfny.com/travel)

For a peace of mind during your trip to NYC, let the travel pros take care of you and your family. From coordinating your airport transfers, booking show tickets or pre-race massage, scheduling a pre-race group ride, to renting a bus to take you to the GWB start line and your family to the Finish Village, these Official GFNY Tour Operators know the ins & outs of GFNY and NYC so you just focus on your fun and your cycling and they'll take care of the rest.

COUNTRY	TRAVEL PARTNER AGENCY	EMAIL
<b>Argentina</b>	<a href="#">Next Travel</a>	<a href="mailto:info@nexttravel.com.ar">info@nexttravel.com.ar</a>
<b>Brasil</b>	<a href="#">Special Trip</a>	<a href="mailto:contato@specialtrip.com.br">contato@specialtrip.com.br</a>
<b>Brasil</b>	<a href="#">RendezVous Travel</a>	<a href="mailto:info@rendezvoustravel.com.br">info@rendezvoustravel.com.br</a>
<b>Brasil</b>	<a href="#">Barra Soul</a>	<a href="mailto:barrasoul@barrasoul.com.br">barrasoul@barrasoul.com.br</a>
<b>Colombia</b>	<a href="#">Abordando</a>	<a href="mailto:sports@abordando.co">sports@abordando.co</a>
<b>Deutschland</b>	<a href="#">Inter Air</a>	<a href="mailto:info@interair.de">info@interair.de</a>
<b>Italia</b>	<a href="#">Bike Division</a>	<a href="mailto:info@bikedivision.it">info@bikedivision.it</a>
<b>Nederland</b>	<a href="#">Velotours</a>	<a href="mailto:info@velotours.nl">info@velotours.nl</a>
<b>Panama</b>	<a href="#">Destiny 2 Sport</a>	<a href="mailto:info@destiny2sport.com">info@destiny2sport.com</a>
<b>Schweiz</b>	<a href="#">Tortour</a>	<a href="mailto:info@tortour.com">info@tortour.com</a>
<b>UK</b>	<a href="#">All Things Ride</a>	<a href="mailto:enquiries@allthingsride.com">enquiries@allthingsride.com</a>
<b>USA</b>	<a href="#">7 Sherpas</a>	<a href="mailto:leticia@7sherpas.com">leticia@7sherpas.com</a>

## 5000 Cyclists from 93 Countries Race GFNY NYC

Campagnolo GFNY World Championship is the most international cycling race in the world. Thanks for joining us!







# CAMPAGNOLO GFNY WORLD CHAMPIONSHIP 2018 TRAVEL GUIDE

## Frequently Asked Questions [gfny.com/faq](http://gfny.com/faq)

### **Q: DO I HAVE TO QUALIFY TO TAKE PART IN THE CAMPAGNOLO GFNY WORLD CHAMPIONSHIP?**

**A:** No. The qualification is for riders who want to start in the racer corral, seeded in the front of the field.

If you finished in the top 10% of your age group at any GFNY World race since Campagnolo GFNY World Championship 2017, you get a racer corral starting position at Campagnolo GFNY World Championship 2018 in NYC. Only completion of the longest course counts toward qualification. Check to see if you qualified for the racer corral here: [gfny.com/qualifiers18.pdf](http://gfny.com/qualifiers18.pdf)

To read more about fundraising to start in the front corrals, visit [gfny.com/frontstart](http://gfny.com/frontstart)

### **Q: DO I NEED TO BE A LICENSED RACER? I JUST WANT TO RIDE AS A PERSONAL CHALLENGE.**

**A:** GFNY is open to all fitness levels. You don't need to be a licensed racer. Some riders will compete for prizes, others will do their best to beat the cut-off. GFNY is about doing your best whether it is competing for the win, trying for a top 10% in your age group or beating the cut-off.

### **Q: I REGISTERED FOR GFNY 100, BUT I PREFER TO RIDE GFNY BEAR 50. IS THAT POSSIBLE?**

### **Q: I REGISTERED FOR GFNY BEAR 50, BUT I PREFER TO RIDE GFNY 100. IS THAT POSSIBLE?**

**A:** You can transfer your GFNY 100 registration to a GFNY BEAR 50 or your GFNY BEAR 50 registration to GFNY 100 registration at no extra cost until April 15, or until the spots have been filled, whichever comes first. Please email Teresa at [teresa@gfny.com](mailto:teresa@gfny.com) to request a distance change.

### **Q: I'M TRAVELING FROM ABROAD AND DON'T HAVE US HEALTH INSURANCE. I'M CONCERNED ABOUT IF SOMETHING HAPPENDS TO ME DURING MY TRIP AND HOW TO PAY FOR IT.**

**A:** We strongly encourage any rider without a USA-based health insurance to purchase travel insurance and a one-day license from USA Cycling to assist with any potential expenses incurred during your trip or during the event.

**TRAVEL INSURANCE:** Contact the travel agent or website where you booked your flight or contact your credit card company that you booked your trip with. Travel insurance can cost under \$100 but provides you an insurance policy for your trip, and a variety of services should you need them. Check the terms of the insurance policy to know exactly what is covered.

**ONE-DAY LICENSE:** GFNY is a sanctioned event under USA Cycling, the national cycling federation. USA Cycling offers one-day and 12-month medical insurance options. Purchasing this extra insurance is optional, but highly encouraged, particularly for riders without US-based health insurance.

### **Q: I NEED TO CHANGE MY JERSEY SIZE / TEAM AFFILIATION / CATEGORY. HOW CAN I DO THAT?**

**A:** Please email Teresa at [teresa@gfny.com](mailto:teresa@gfny.com) with your change request.

### **Q: WHAT IS INCLUDED WITH THE ENTRY FEE?**

**A:** GFNY full zip cycling jersey Designed in New York City and Made in Italy by GFNY, GFNY bike bottle by Elite, GFNY red wine by T. Edward Wines, GFNY race poster, GFNY race magazine, various GFNY goodies, course marking, aid stations, chip timing, post race meal, competition and raffle prizes, bike valet service at the expo and at GFNY Finish Village and much, much more.

GFNY BEAR 50 riders receive return transport by bus (your bike travels in an accompanying truck) to GFNY Finish Village.

# Your GFNY World Travels

BY LIDIA FLUHME, *PRESIDENT OF GFNY*

**CONGRATULATIONS ON MAKING THE DECISION TO TRAVEL TO A GFNY WORLD EVENT!** And thank you for joining us. The below guide aims to help you prepare for your international trip to ride a GFNY World event.

## **SELECT A GFNY WORLD EVENT**

There are many factors that will drive your race decision process: time of year, distance from your home, destination, unique features of the race, your travel companions, seeing a part of the world you haven't seen yet, travel costs, ease of travel, etc.

As part of your research, get more information about the

host city, the nearest airport, expected weather, ground transportation options, local bike shop(s), tourism attractions, hotel options and cycling routes in the vicinity.

GFNY World events make it a fun trip for everyone. We know how tough it is to spend a day waiting in a parking lot with nothing to see or do in a small town with nothing to offer except the race itself. GFNY World events are located in attractive tourism destinations for the whole family. This way not just the cyclist has fun, but there are good options for non-cyclists as well.

## **MONTHS LEADING UP TO RACE DAY**

After you've determined the GFNY World event of your choice, book your flight and hotel. Check the airline's policy for flying with a bike or check if the race offers bike rental (tip: try [Spinlister.com](http://Spinlister.com)).

We always recommend flying with your bike because it's the only way you're guaranteed to have exactly the model and size of the bike you want, with your desired components, saddle and pedals.

Keep up with any race-related news by checking their website or Facebook page and reading the email news. If you have any question that isn't answered by the website, email the race organization so you can be best prepared for the race and your visit.

Get out and ride! Get in the mileage and the climbing needed to prepare you for the race you've selected.

## **PACKING**

Always be ready for all kinds of weather, and prepare clothing options for on and off the bike. Even if you're heading to a tropical destination, you may need a sweater in air-conditioned stores or restaurants as well as a rain jacket.

Check the highest altitude on the racecourse and bring all possible layers. If it's pouring at home, you probably won't go out for a ride. But if you travel to a race, you will probably start, even if the weather is bad. So make a tough day a little easier by







having the right gear.

I always travel with a floor pump, spare tires, spare tubes, and tools. For warmth, I bring emergency mylar blankets, extra headgear, extra gloves, extra cover socks.

Don't forget your preferred sports nutrition. Create a checklist if you're worried about forgetting something.

To be on the safe side, pack a set of clothing, cycling shoes, pedals and helmet in your carry on, just in case any of your luggage gets lost or delayed. If you are really picky with your saddle, don't check it in either.

### **HAVE A GREAT TIME AND MAKE FUN MEMORIES**

Traveling is exhausting, and arriving at your destination is exciting. You've spent a lot of time planning and preparing for the trip. Enjoy all the fun stuff that your destination has to offer. But allow some time for rest & relaxation before race day. Get good sleep, this will be the key to feeling good on race day.

Ride parts of the course to get comfortable with your new environment. You can learn a lot about your destination after just a short ride: how steep are the climbs in general, how tricky are the descents, are the roads in good condition, are there flat windy sections, maybe the traffic pattern is different, what are the road signs like, etc.

Enjoy the atmosphere of the expo and the race. Race week is thrilling because you get to be surrounded by likeminded people, all brought together to one place at the same time with the same goal: doing their best at the race.

A race may challenge you or thrill you. You may come away from a race feeling like it changed you. Or maybe it wasn't the race as much as the whole trip that was so enjoyable, maybe a memorable family bonding experience or some fun tourist attraction that took your breath away. Either way, take lots of pictures and make memories.







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SEE YOU IN NYC!

[GFNY.COM](http://GFNY.COM)